

HEALTH NEWSTM

Volume 17 • Number 4

Featuring Information on Alkaline Antioxidant Water

© HEALTH NEWS

Water Eliminates Pathogens and Infections

Steven Nelson, N.M.D., participated in Nobel Laureate work at Michigan State University where he was part of a blood biopsy team that was able to pinpoint sub-acute problems in patients before they became serious diseases.

Dr. Nelson has treated a wide range of diseases and syndromes. His primary focus is on helping children with learning disabilities and on healing the elderly who are dehydrated and undernourished.

Dr. Nelson is listed as a top 20 physician in Suzanne Somers' best selling book Breakthrough.

A woman came into my practice who was suffering from glaucoma and had side effects from the prescribed medications. I prescribed alkaline antioxidant water, and after three weeks her inner ocular blood pressure went down to a normal range and her glaucoma went away.

A man in the beginning stages of MS was on the water for three days and felt his strength come back to legs. The alkaline antioxidant water won't cure MS, but it will help him expel toxic by-products in cells from metabolic errors associated with MS.

Another man had kidney stones and

This article by **Dr. Nelson** covers that *Alkaline Antioxidant Water* healed or improved the following maladies in his patients suffering from...

– Glaucoma (Eye condition related to blood pressure)

– MS

– **Kidney Stones**

– Chronic headaches

– **Allergies**

– **Cancer**

– **Infections**

– Pathogens (An agent of disease or disease producers, like {i} Bacteria, {ii} Viruses, {iii} Fungi).

Why **reverse osmosis** is dead water.

Why most **bottled waters** are acidic.

Also **why** *Alkaline Antioxidant Water* heals the body of most maladies.

Continued on Page 3

Continued on Page 2 of 3

Water Eliminates Pathogens and Infections

Continued from Page 1

severe lower back pain. No medications were working to alleviate his pain. The alkaline antioxidant water disrupted the acid chemistry that was causing the kidney stones to form, and within two weeks the stones had dissolved.



A mother and daughter were suffering from chronic headaches and allergies. After drinking the water for three days, their headaches and allergies disappeared. They were no longer dependant upon pain relievers and antihistamines to control their symptoms.

As an oncology fellow, I treated a lot of cancer and realized that we're giving cell toxins to cancer patients. Chemotherapy and radiation are severely dehydrating. Cancer patients need the right water.

Water that is treated by reverse osmosis and packaged in plastic bottles is dead, acidic water. Reverse osmosis may remove the bad metals, but it also depletes water of most of its good minerals.

You need to bathe your cells in the trace minerals found in ionized water. Some of these alkaline-ash minerals include magnesium, calcium, potassium, sodium, iodine, selenium, rubidium, and manganese.

The lack of these minerals leads to depression, breathing problems, higher blood pressure, skin problems, sleep problems, joint aches, pain, stiffness, and fatigue.

The ionizer produces an OH⁻ ion which is the source of oxygen in the water. The higher the ORP (Oxidation Reduction Potential), the higher the oxygen retention in the water.

The body needs oxygen to function. It has been shown in the last 15 years, that the atmospheric presence of oxygen has been depleted by 30 percent.

People who are ill and are dying of chronic diseases are oxygen starved.

It's very difficult to improve the atmosphere, but we can easily improve

[Back to Top of Page 2 ↗](#)

Continued on Page 3

what people drink. Ionization and oxygenation are the same when it comes to



OH- ion. It will sustain life longer and give people energy.

Hans Celiér proved that infections cannot live in high oxygen environments in the body.

On the alkalinity side it's been shown by Dr. Robert Young and other scientists, that the more alkaline you keep yourself, the healthier you're going to be, because you're going to metabolize or break down all the acid by-products of cell respiration.

When you start bathing the cells in oxygen-rich water, they are no longer dividing themselves in an acidic and unhealthy environment. The cells begin to divide into new, healthy cells instead of sick cells.

The first place the alkaline anti-

oxidant water affects is the parotid glands, which, along with flora in the stomach and intestines, start stimulating enzymes that activate the pancreas, liver, gall bladder, and small bowel. These enzymes work on food and actually start digesting it properly.

The pH in lymphatic tissue will increase for a short term and then go back down to a better acid range.

By alkalizing your body, you are restoring the body to its normal balance, allowing all systems to function normally.

From a simple dehydration standpoint, virtually 100 percent of my patients are dehydrated, and the more water that is not alkaline ionized water that you drink, the more dehydrated you'll be. Dehydration begets dehydration.

When you drink alkaline ionized water, you're bathing and feeding the cells. People forget that water and oxygen are nourishment the cells can't live without.

As you continue to oxygenate and alkalize, you start changing your body's environment to one that is more positive and where infections and pathogens cannot survive.

[Back to Top of Page 3 ↗](#)

End