

## Personal Experiences with Alkaline Antioxidant Water

### Osteoarthritis Pain Went Away

Deborah Cesare • I was diagnosed with osteoarthritis ten years ago, and it continued to get worse. I took cortisone shots for the pain, but they were worse than the pain itself.

I had one set of shots in each thumb and I never went back.

I figured I would just have to live with the pain. I have had osteoarthritis in both of my thumb

joints, literally bone on bone, and rheumatoid arthritis in my index and middle fingers on both hands.

I started drinking alkaline antioxidant water about eight weeks ago and within the first two weeks my pain went away.

Each week I felt stronger and I experienced increased hydration in my whole body. I'm also sleeping much better.

Amazingly, since I started drinking the alkaline antioxidant water, I have lost 25 percent of my body fat. This amounts to

losing 25 pounds, so my body structure is changing for the better. My herbalist had given me some drops to improve the purified water I was drinking.



When I ran out, I went to him for more. He told me he had something better: alkaline antioxidant water. I started buying it by the gallon.

Now my whole family drinks it. I gave some water to my daughter who is an athlete and she ran her best times after drinking it. She'd had a

breakout of acne, but now her skin has cleared up.

I had also been diagnosed with cardiac sensitivity. My heart would race at night so I couldn't settle down. The doctors thought that I was just ultra sensitive to caffeine, so I stopped drinking coffee but it didn't help.

Three weeks after I started drinking the alkaline antioxidant water, the symptoms ceased.

D.C. & her daughter's experiences from drinking *Alkaline Antioxidant Water* – Healing &/or Relief from...  
– Osteoarthritis pain gone  
– Rheumatoid arthritis pain gone  
– Better sleep  
– **Lost 25 pounds**  
– More endurance  
– Acne cleared up  
– Racing **heart** now beating normally.