

Why Alkaline Water?



Those Who Daily Drink Alkaline, Anti-Oxidant Water, Age Well and Seldom Ever Get Sick!



See Chart Below...

To All **Health Seekers**,

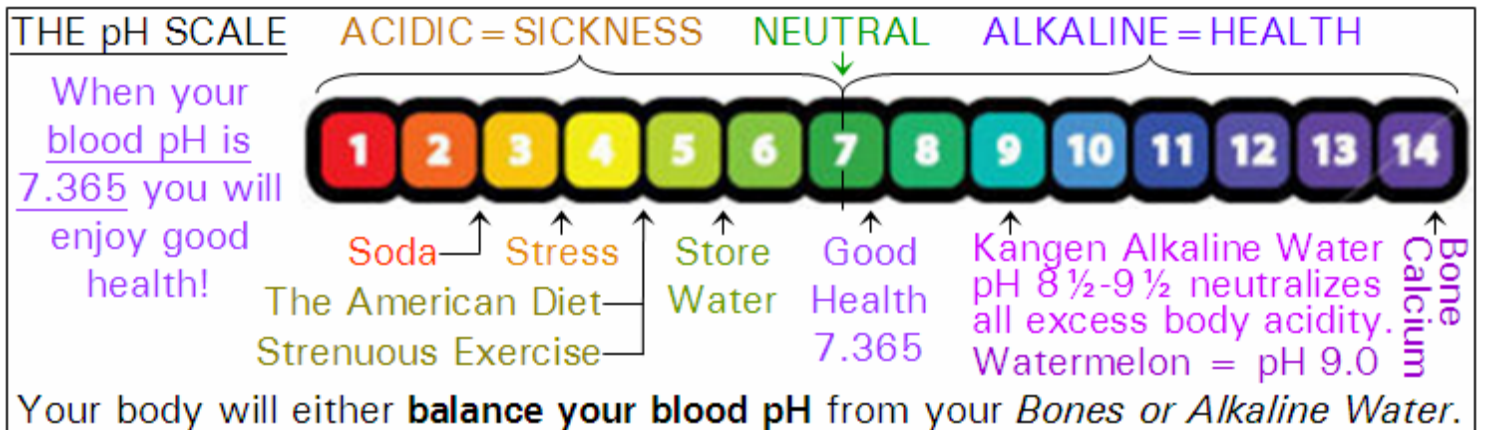
Just like your body temperature needs to be **98.6°**, so your blood pH needs to be at **7.365** for excellent health.

Start enjoying a multitude of HEALTH BENEFITS simply by drinking the smoothest tasting water ever!!!

Call **Smiley** at **813.600.3292** to learn how to switch to **Kangen Alkaline Water** for the same low price as all Acidic-Oxidant (i.e. unhealthy) Brands of Bottled Water like Aqafina, Dasani, Smart Water, Zephyrhills, etc.

Text: 813.765.6145

Email: AlkalineWaterCure@gmail.com



AlkalineWaterCure.com

Change Your Water, Change Your Life!!!

The ³ Amazing Properties of Ionized Water & Benefits [^] HEALTH WATCH An Excellent Read...

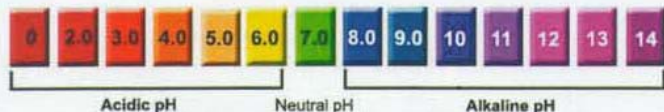
There are three main properties that make ionized water different from any other water in the world: anti-oxidation, micro-clustering & alkalinity. Alone, each of these have tremendous benefits, but when they come together, they create an incredible combination!

Water, usually normal, everyday tap water, enters the water ionizer where it first passes through an internal filter, where impurities and chemicals, like chlorine, are removed. The filtered water then passes through a series of electrically charged electrodes, also known as "plates", where a positive and negative charge physically separates ions of the water into two streams; one is acidic, the "positive" water and one is alkaline, the "negative" water.

ALKALINITY – Property #1

Most people have no idea about the importance of maintaining a balanced pH level in the body. The pH level of the blood is the most vital and sensitive in humans. Balanced blood pH is 7.365, with a very slight margin for change in either direction. A major imbalance of the blood's pH can lead to severe problems, including, in the most extreme cases, death.

Since the pH level of the blood is so vital, when pH values adjust to dangerous levels the body will "steal" pH rich minerals from other less important parts in order to keep the blood balanced. In essence, your body will steal from itself, which is basically killing you slowly, to prevent you from dying immediately.



If this happens, the body goes into survival mode, just trying to stay alive, which weakens natural defenses. The body starts using so much energy and resources for basic functions, that the entire system becomes susceptible to disease and degeneration. Unfortunately, the lifestyle choices of most Americans put them in an acidic state of being, known as acidosis.

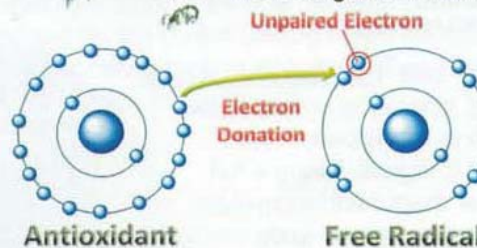
Drinking alkaline rich ionized water helps the body to replenish the necessary alkaline minerals and assists in bringing balance to a body that is overly acidic.

ANTIOXIDANT – Property #2

In addition to alkalinity, ionized water is also loaded with active hydrogen, which serves as an antioxidant when it interacts with the body. Active hydrogen contains an extra electron that it is able to donate to a free radical, which then neutralizes the free radical and renders it harmless. When tested using electronic equipment the



level of antioxidant power of ionized water can be measured. Oxidation/Reduction Potential or ORP of any liquid indicates if it is an oxidant, which has a positive reading, or an antioxidant, which has a negative reading.



Ionized water typically has a negative ORP value of -300 to -700 or lower, depending on variables in the source water and the amount of power being supplied to the electrode.

MICRO-CLUSTERING – Property #3

Water molecules do not just float around, all alone like microscopic drops of water. Instead, they group together in what are known as "clusters". Although there is no actual molecular bond, these molecules stick together and operate as one unit. Most drinking water, including bottled and tap water, is comprised of clusters containing between 16 - 30 water molecules, known as a Macro-Cluster.

During the ionization process these clusters are broken apart, resulting in fragmented clusters containing 4 - 6 water molecules, which is known as a Micro-Cluster. This smaller grouping of molecules is able to penetrate and be absorbed by the body more effectively, which leads to a more rapid and greater degree of cellular hydration.

These properties can be created by virtually any water ionizer, but it is the "staying power" of the properties that is important. Not all water ionizers are created equal, so purchase the one that produces the strongest properties.

Water Questions, When to Drink & Alkaline Health Benefits

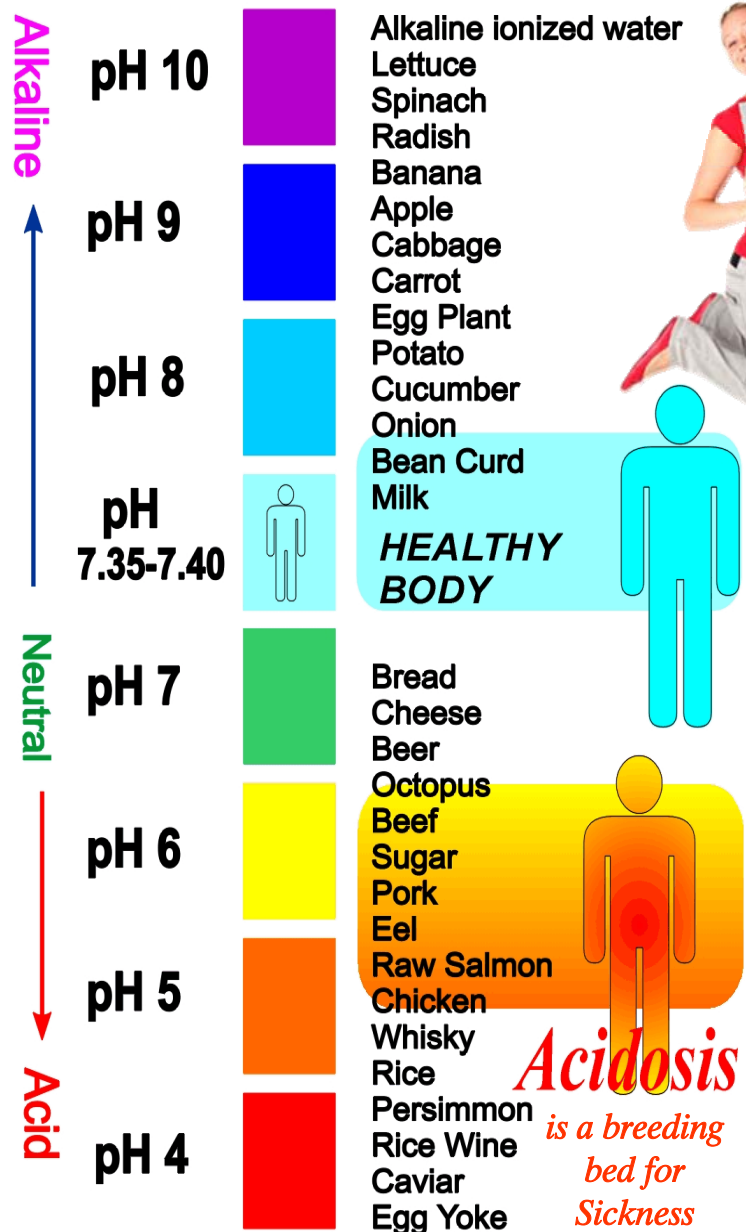
I never knew this – very interesting!

I asked my Cardiac Doctor why does one urate several times during a nights sleep? *Answer:* Gravity holds water in the lower part of your body when you are upright (legs swell). When you lie down and the lower body is level with the kidneys, it is then that the kidneys more efficiently remove the water. Water is needed to help flush toxins out of your body.

It's very important to drink water at the **certain times** to maximize its effectiveness:-

- ♦ 2 glasses of water after waking up – helps **activate internal organs**
- ♦ 1 glass of water 30 minutes before a meal – helps **digestion**
- ♦ 1 glass of water before taking a bath – helps **lower blood pressure**
- ♦ 1 glass of water before going to bed – avoids **stroke or heart attack.**

pH Level of Food in Relation to our Health vs Sickness



Water at bed time will also help prevent **night time leg cramps**. Your leg muscles are seeking hydration when they cramp and wake you up.



Those who daily drink Alkaline, Antioxidant water, age well & virtually NEVER GET SICK

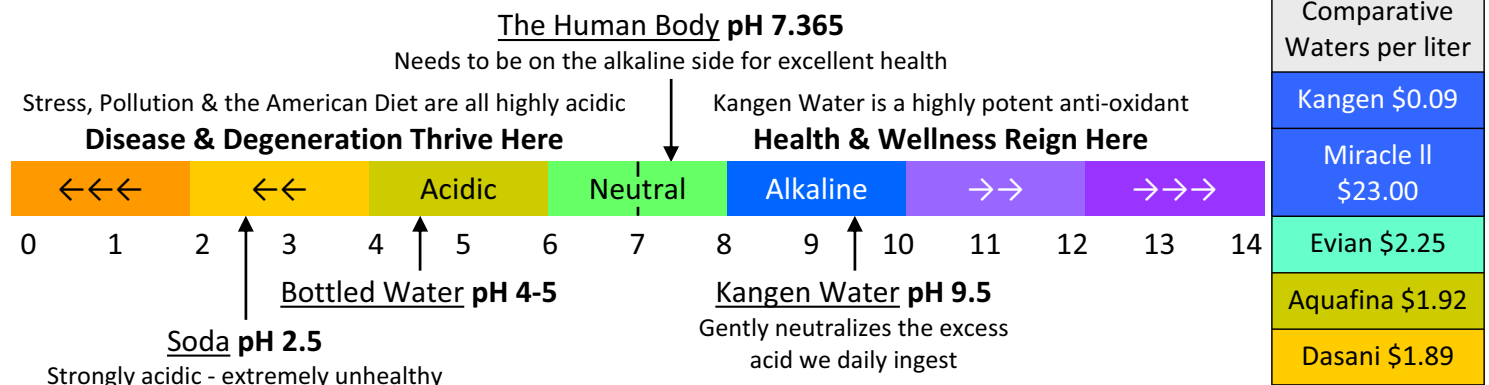


Do you suffer from any of these symptoms?...

- | | | | | |
|--------------|---------------|--------------|-----------|---------------------|
| Arthritis | Heart Disease | Low Energy | Asthma | High Blood Pressure |
| Joint Pain | Headaches | Indigestion | Eczema | Safe Colon Cleanse |
| Fibromyalgia | Obesity | Acid Reflux | Psoriasis | Prostate Problems |
| Osteoporosis | Stress | Constipation | Diabetes | ...& many more |

Change your water ... Change your LIFE!

THE pH SCALE



What are some *time tested* HEALTH GAINS associated with drinking 'Alkaline Antioxidant Water'?

- Detoxifies the body & safely **cleanses the colon**, keeping it clean – (SEE THE VIDEO'S ON THE WEB-SITE BELOW ↓).
- Boosts the body's **immunity** toward improved health & increased energy.
- Promotes healthy weight loss – enhancing one's quality of life.
- Slows down the **aging** process – neutralizing those degenerative 'cell destroying' *free radical* rascals.
- **Increases the absorption** of vitamins & minerals essential to excellent health (just to name a few).

Why is it so IMPORTANT TO DRINK 'Alkaline Antioxidant Water'?

The human body consists of 70% water. This alone should tell us how important it is to drink 'Alkaline Antioxidant Water'. **Stress, pollution & the American diet** all overly tax the body with acidic deposits, which accelerates aging and increases the probability of sickness and disease.

Drinking alkaline water, gently neutralizes this acid overload, **keeping your body in it's happy & healthy pH zone.**

What is a 'Kangen Water' FILTRATION SYSTEM?

Over thirty years of use and research on drinking water has produced the **worlds #1** Alkaline Antioxidant Water system. Kangen water **can be found in over 400,000 homes** and over 100 hospitals in Japan. It is approved by Japan's counterpart of our FDA as a medical device that has substantially improved the quality of life for these families. It transforms regular tap water into pure, healthy, Alkaline Antioxidant Water; without removing essential minerals.



Drink Kangen water – your body will thank you for life!!
Your improved health will be all the EVIDENCE you'll need.
Save \$\$\$ over the cost of buying bottled water every week.
Gallon samples of life giving Alkaline Antioxidant Water available from...

Go to →→ AlkalineWaterCure.com ~ 813.600.3292 ~ AlkalineWaterCure@gmail.com